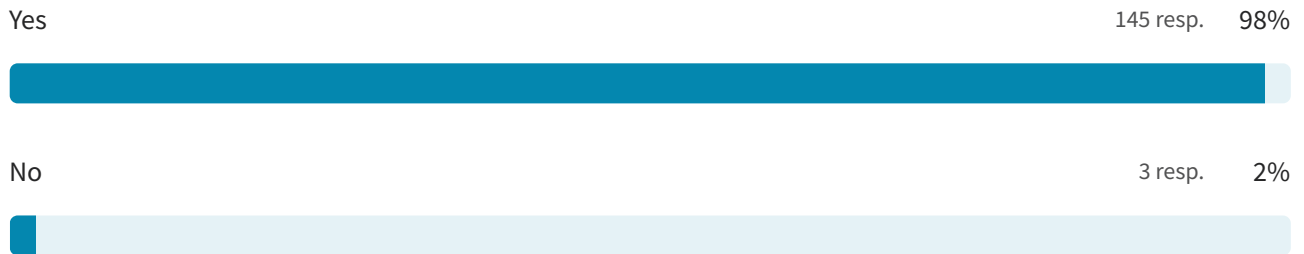


mycoocoon Colour Mood Survey

148 responses

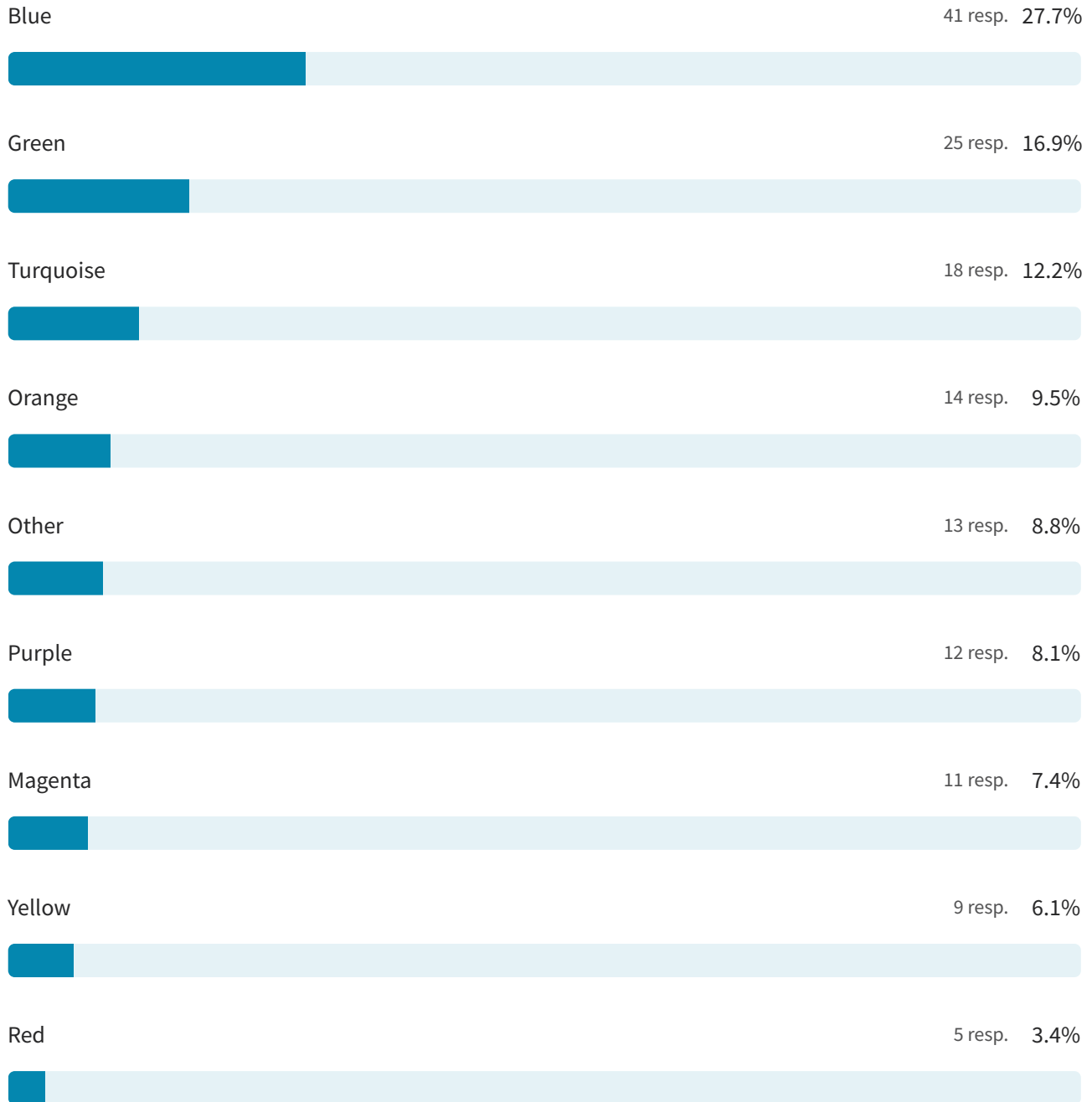
Do you believe '**colour**' has an impact on you?

148 out of 148 answered



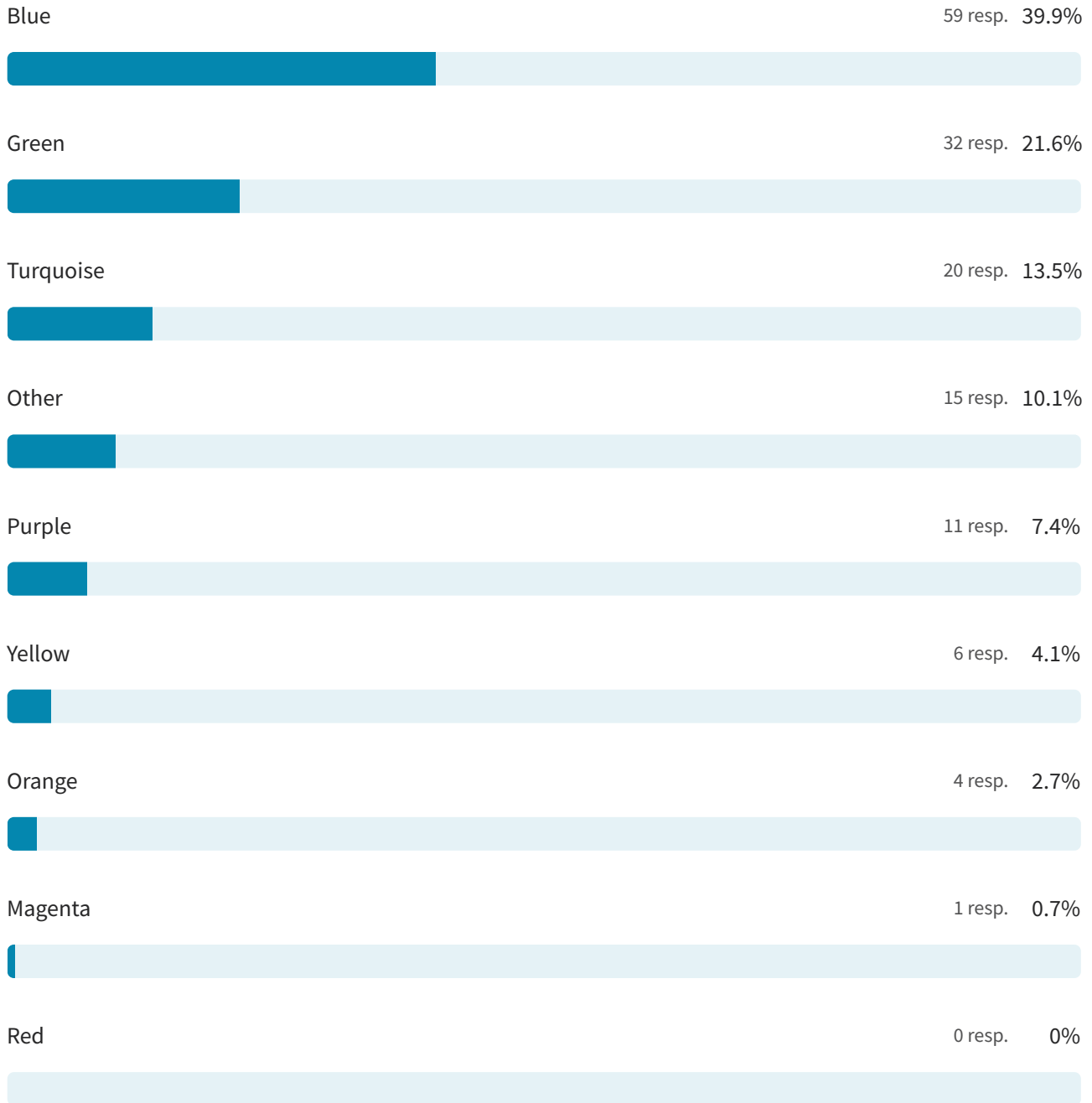
Which colour is your 'favourite'?

148 out of 148 answered



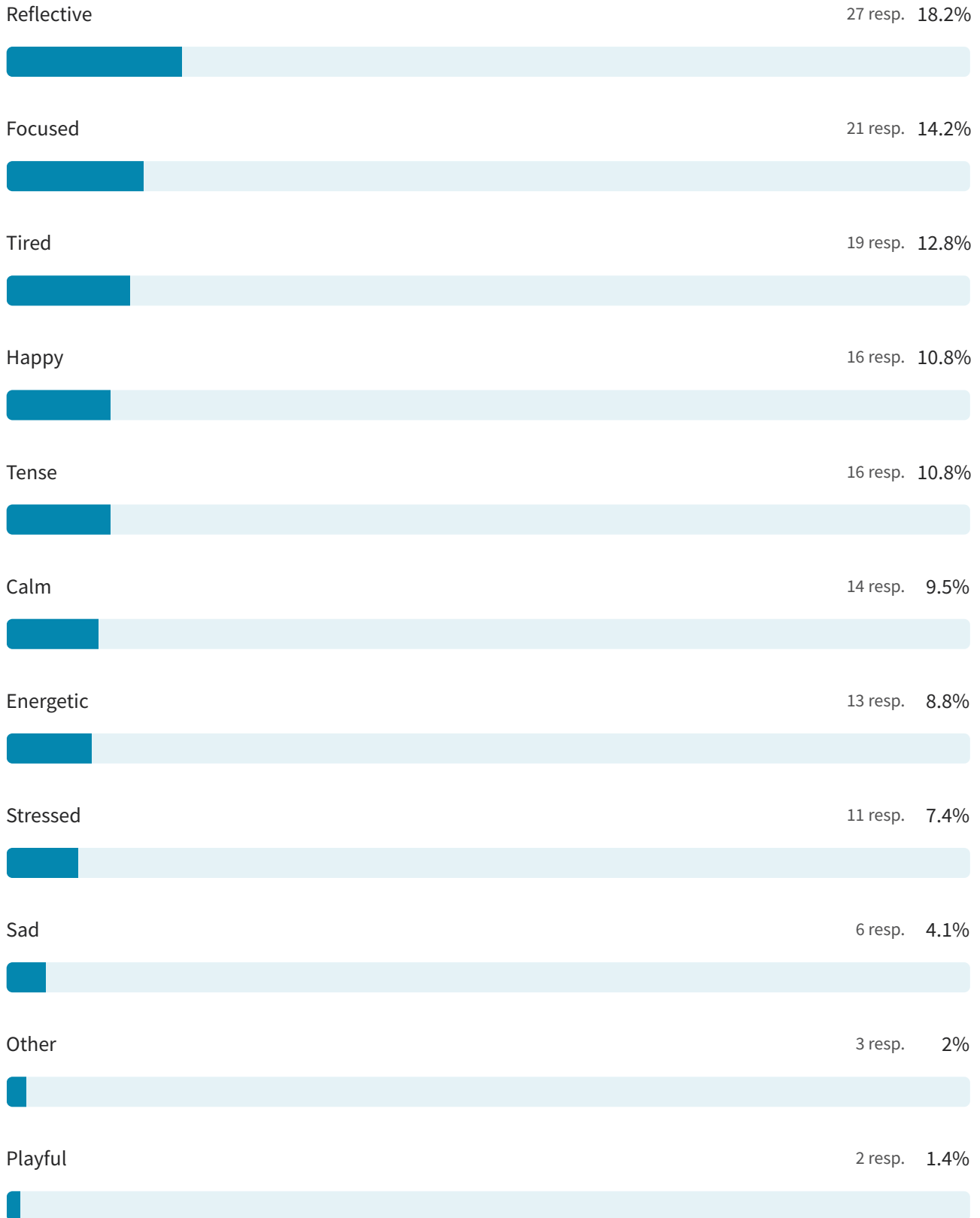
Which colour makes you feel 'calm'?

148 out of 148 answered



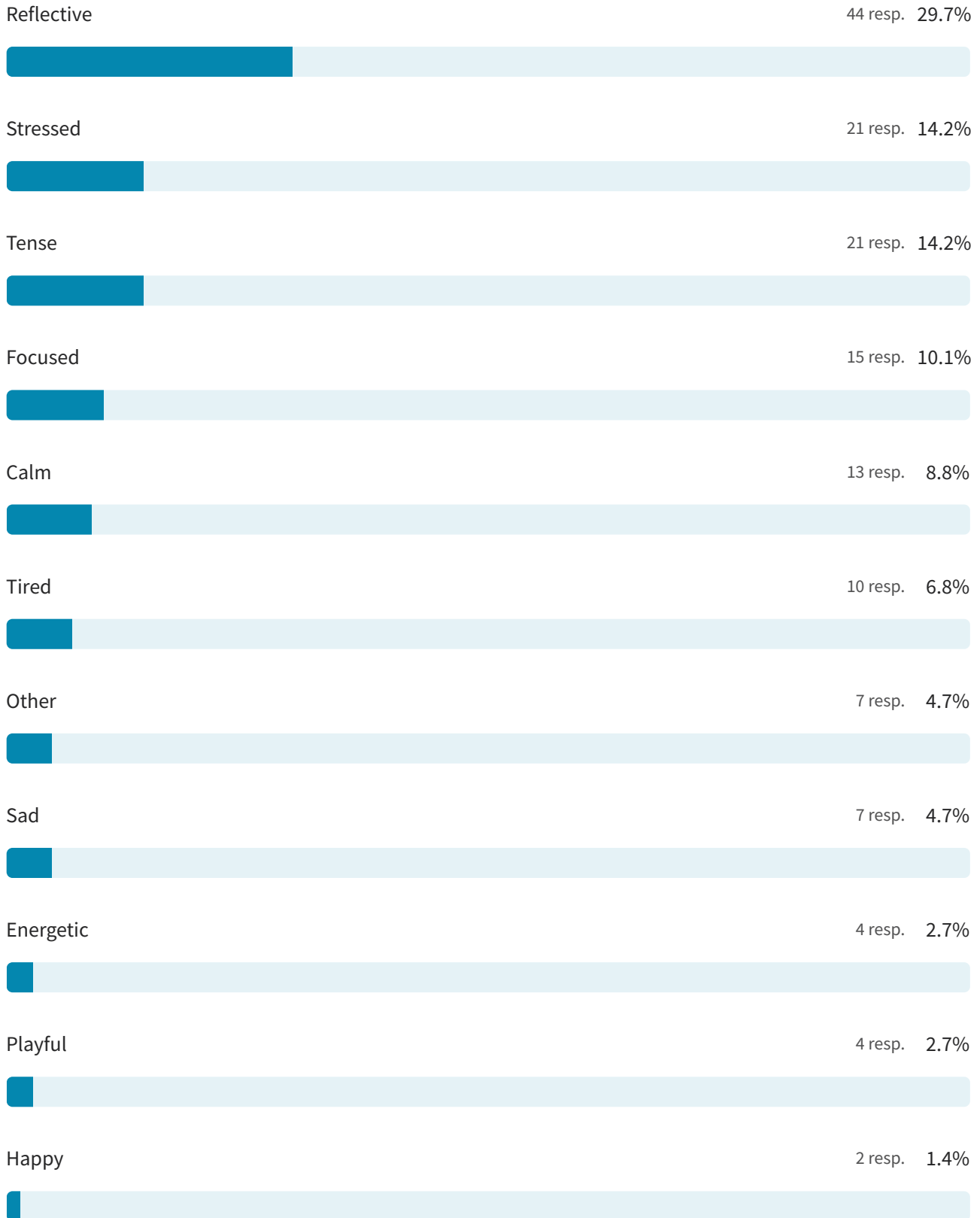
How would you describe your mood **'today'**?

148 out of 148 answered



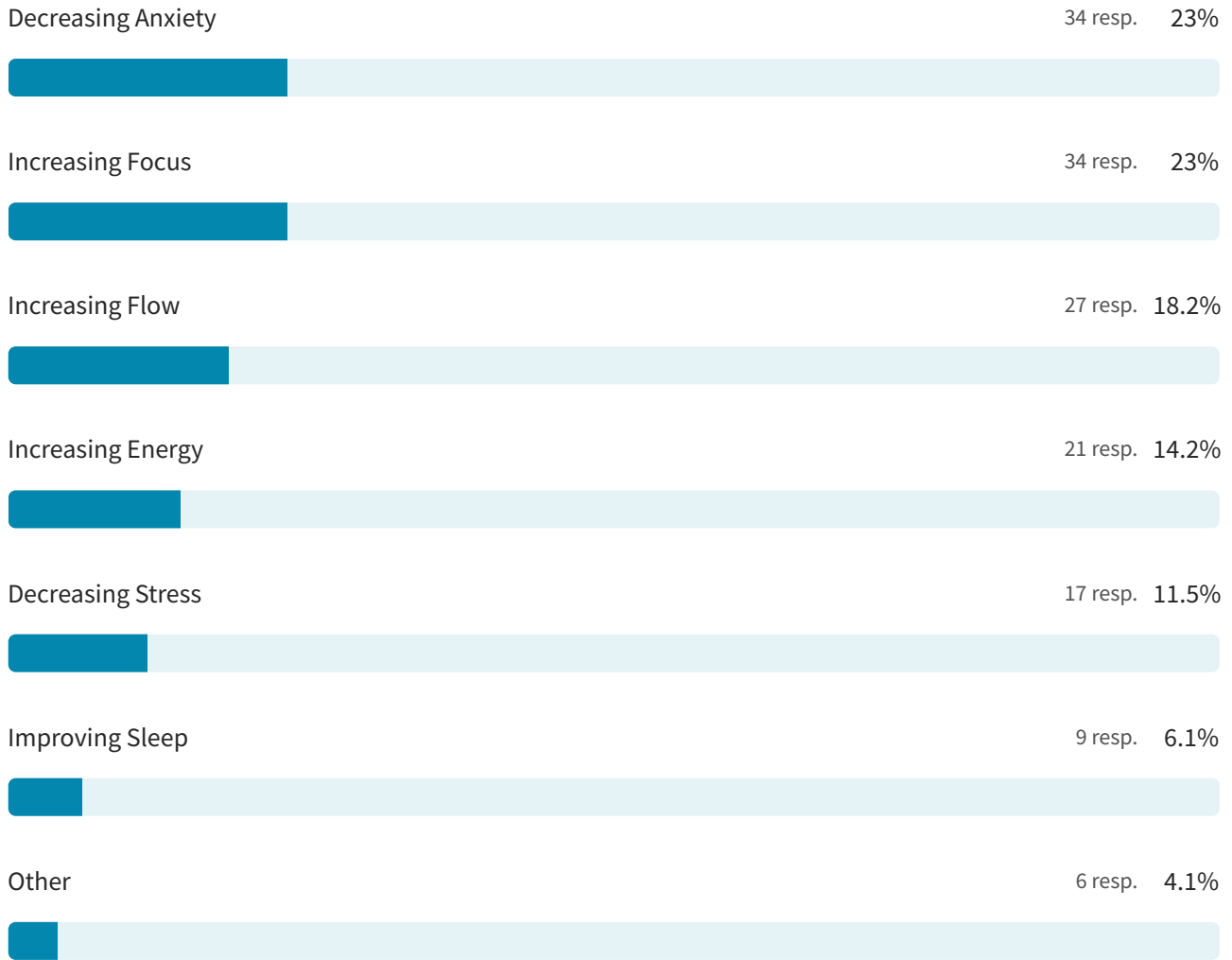
How would you describe your mood 'during the COVID-19 pandemic'?

148 out of 148 answered



Which of the following is **'most important'** to you?

148 out of 148 answered



Do you believe your **'current mood'** can be identified through colour?

148 out of 148 answered

Yes 133 resp. 89.9%



No 15 resp. 10.1%



Would you use an app that can **'diagnose'** your meditation needs? (based on a test that determines your current frequency)

148 out of 148 answered

Yes 119 resp. 80.4%



No 29 resp. 19.6%



Do you remember having experienced a **'mycoocoon'** colour immersion?

148 out of 148 answered

No 103 resp. 69.6%



Yes 45 resp. 30.4%



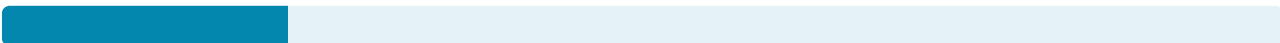
Do you **'meditate'**?

148 out of 148 answered

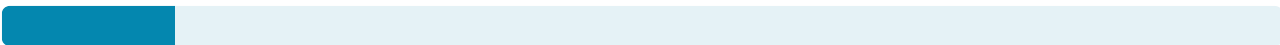
Yes, I meditate sometimes 75 resp. 50.7%



No, but I have tried to meditate 33 resp. 22.3%



No, I have never meditated 20 resp. 13.5%



Yes, I meditate all of the time 20 resp. 13.5%



Have you ever used a **'meditation app'**?

148 out of 148 answered

No 75 resp. 50.7%



Yes 73 resp. 49.3%



Would you use a meditation app that is based on **'light therapy'**?

148 out of 148 answered

Yes 115 resp. 77.7%



No 33 resp. 22.3%



During the past 11 months, have you experienced **'increased stress or anxiety'**?

148 out of 148 answered

Yes 122 resp. 82.4%



No 26 resp. 17.6%



Would you ever consider using an app that offers **'colour meditation'** as a therapeutic tool for anxiety or stress?

148 out of 148 answered

Yes 121 resp. 81.8%



No 27 resp. 18.2%

